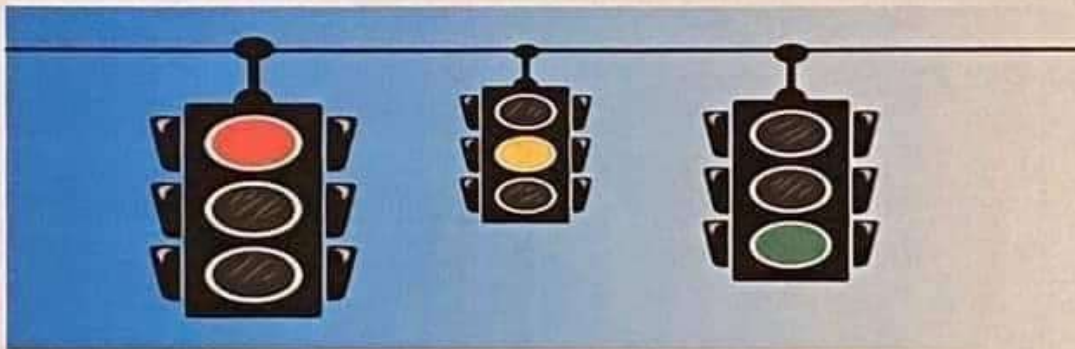


SOCIAL DISTANCING:

What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases. Social distancing measures include limiting large groups of people coming together, closing buildings and cancelling events.



AVOID	Use Caution	Safe to DO
<ul style="list-style-type: none">Group GatheringsSleep OversPlaydatesConcertsTheatre OutingsAthletic EventsCrowded Retail StoresMallsWorkouts in GymsVisitors in your HouseNon-essential workers in your houseMass Transit Systems	<ul style="list-style-type: none">Visit a local RestaurantVisit Grocery StoreGet Take OutPick up MedicationsPlay Tennis in a ParkVisiting the LibraryChurch ServicesTraveling	<ul style="list-style-type: none">Take a WalkGo for a HikeYard WorkPlay in your YardClean out a ClosetRead a Good BookListen to MusicCook a MealFamily Game NightGo for a DriveGroup Video ChatsStream a favorite showCheck on a FriendCheck on Elderly Neighbor